

## **MTLH5.mp4**

[00:00:01] So activities where you can use very simple pieces of equipment such as pegs are really good for helping to develop hand strength, dexterity and your tripod grasp. So just placing pegs on a piece of card is good. And then if you change the angle. Trying to make the child take stuff off again with a different wrist position. Again helps with strength and dexterity.